



A creative policy toward an age-friendly city :

Taiwan's experience from the Active Aging Learning Program

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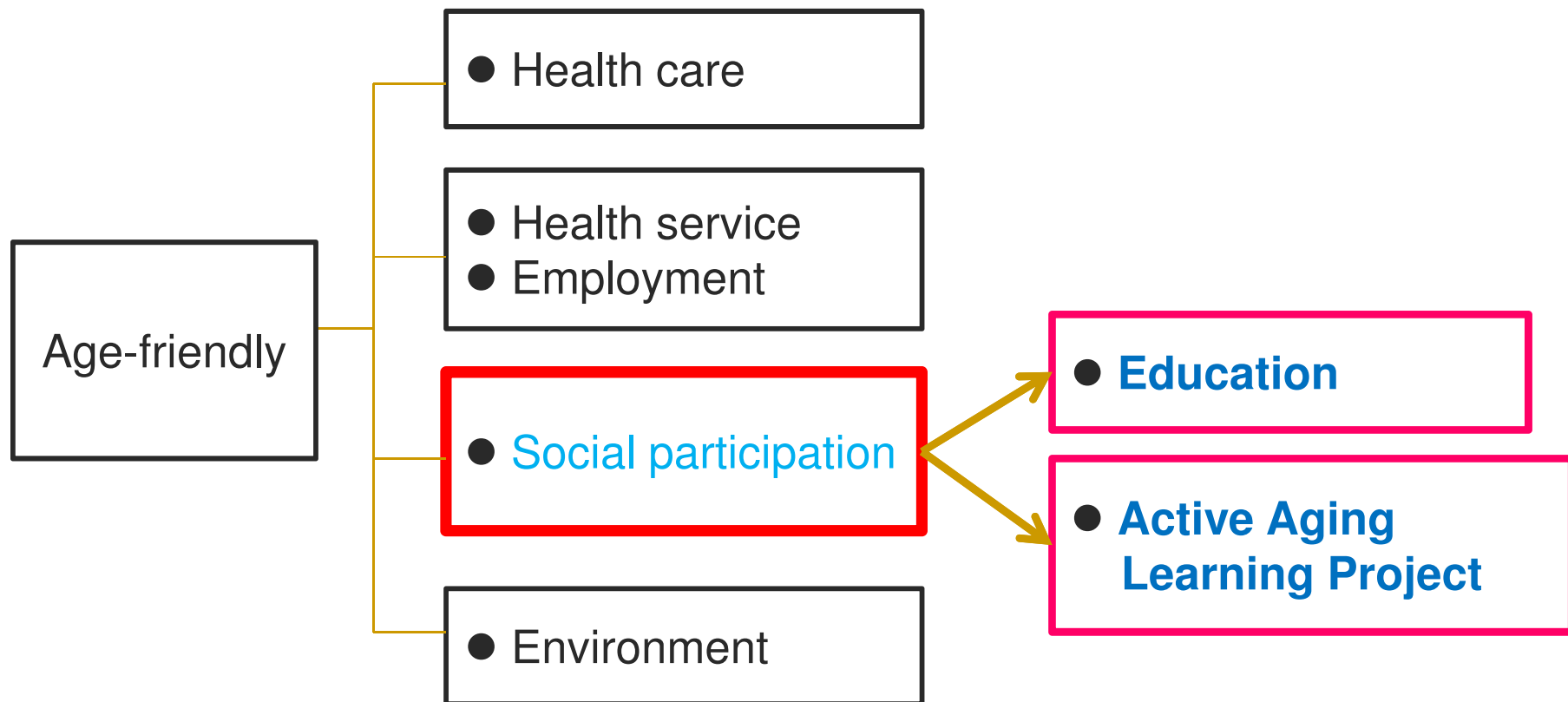
[What is an age-friendly city?]

- An age-friendly city is an inclusive and accessible urban environment that promotes active ageing.
- Active ageing is the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age.

[Guidelines for an age-friendly city : Eight domains]

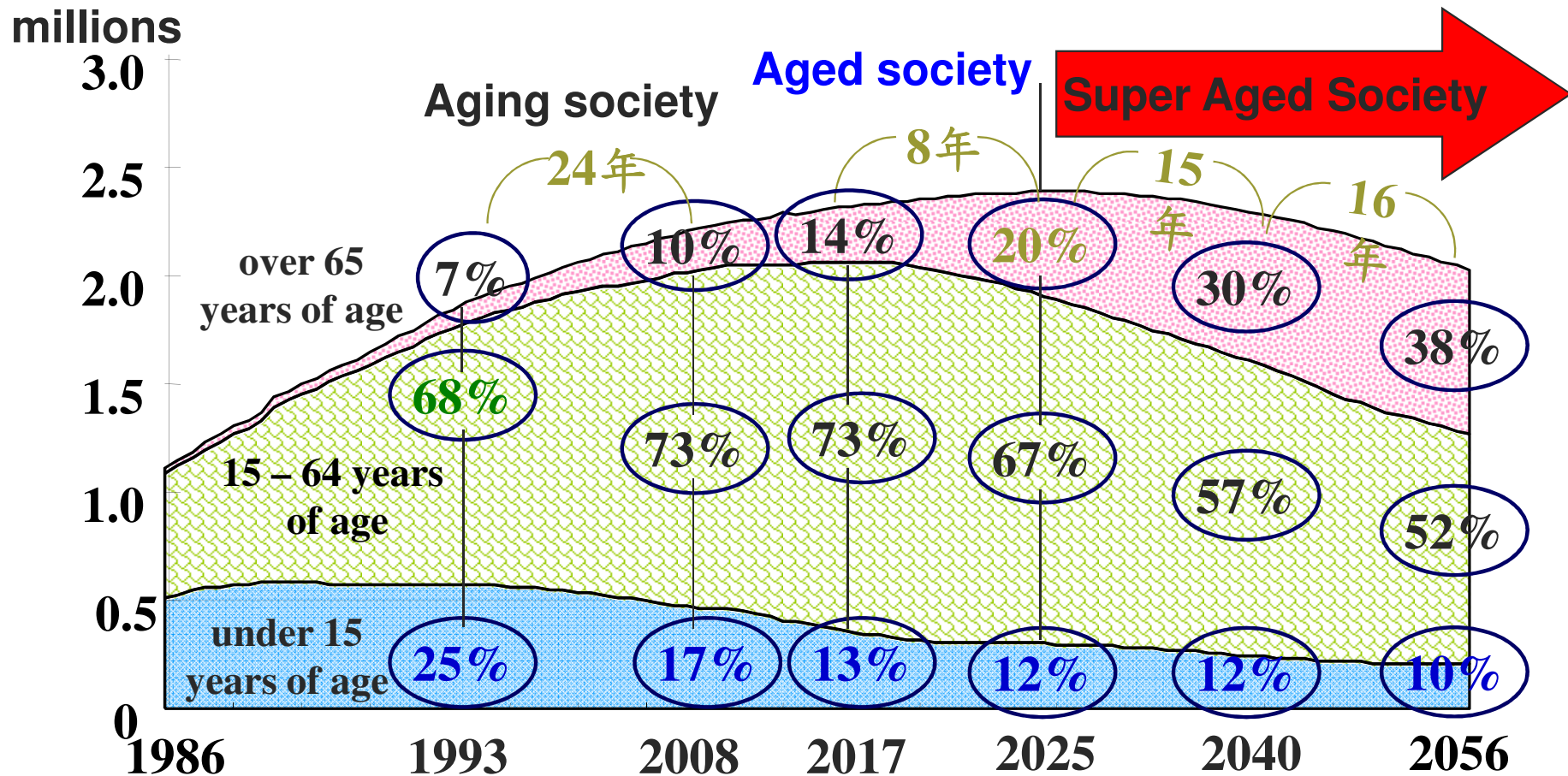
1. Outdoor spaces and buildings
2. Transportation
3. Housing
4. Social participation
5. Respect and social inclusion
6. Civic participation and employment
7. Communication and information
8. Community support and health services

[Policy Framework of Taiwan]



Background: Population

- People aged 65 and above have increased rapidly



[Background: Policy]

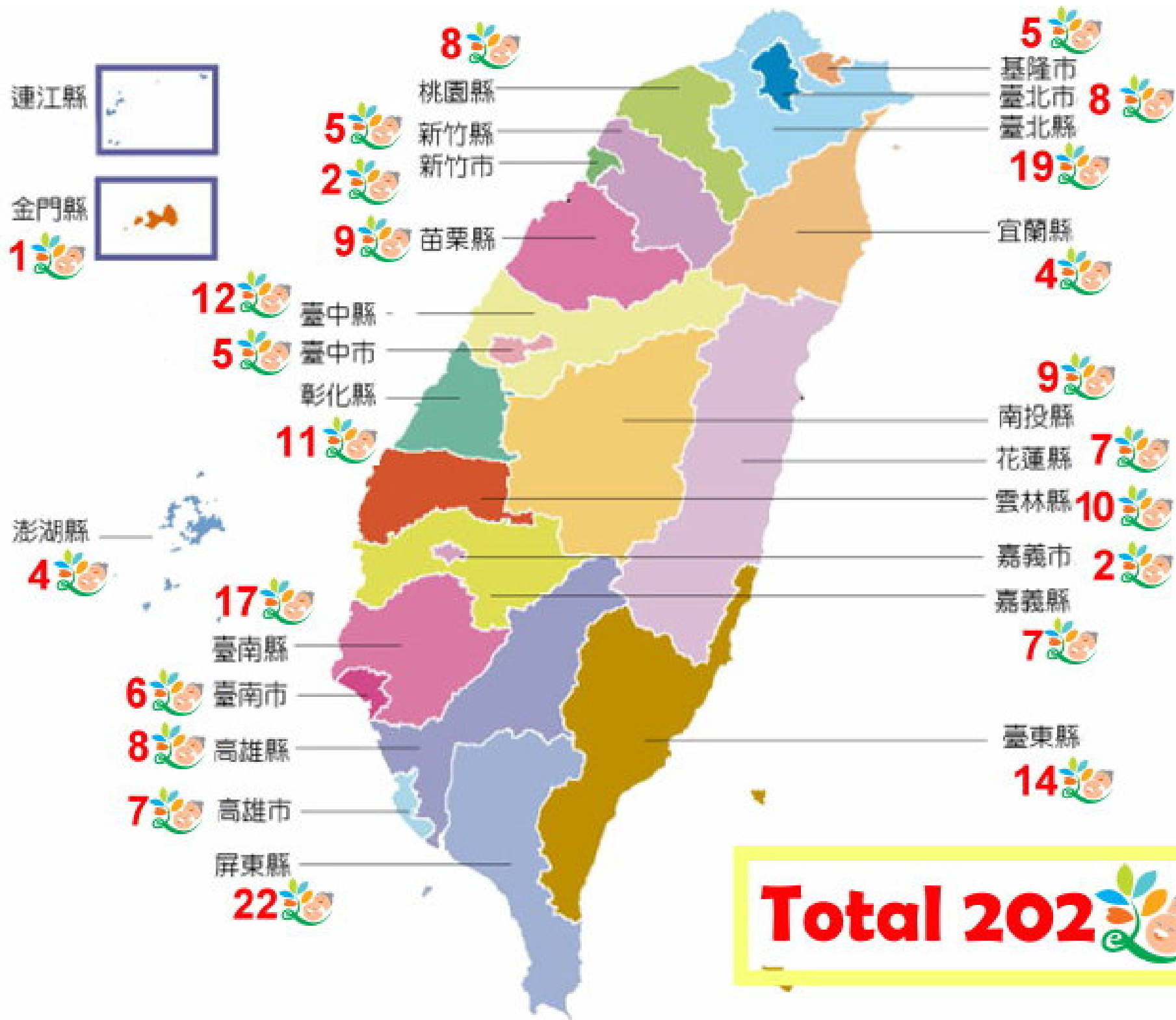
- Released by Ministry of Education in 2008
- Respond to “Toward an Aged Society White Paper” in 2006
- Echo to Age-friendly city of WHO

[Purposes]

- To encourage social participation: set up the learning centers/places in urban & township
- To enhance quality of life: planning learning activities/courses for seniors

[Purposes (con't)]

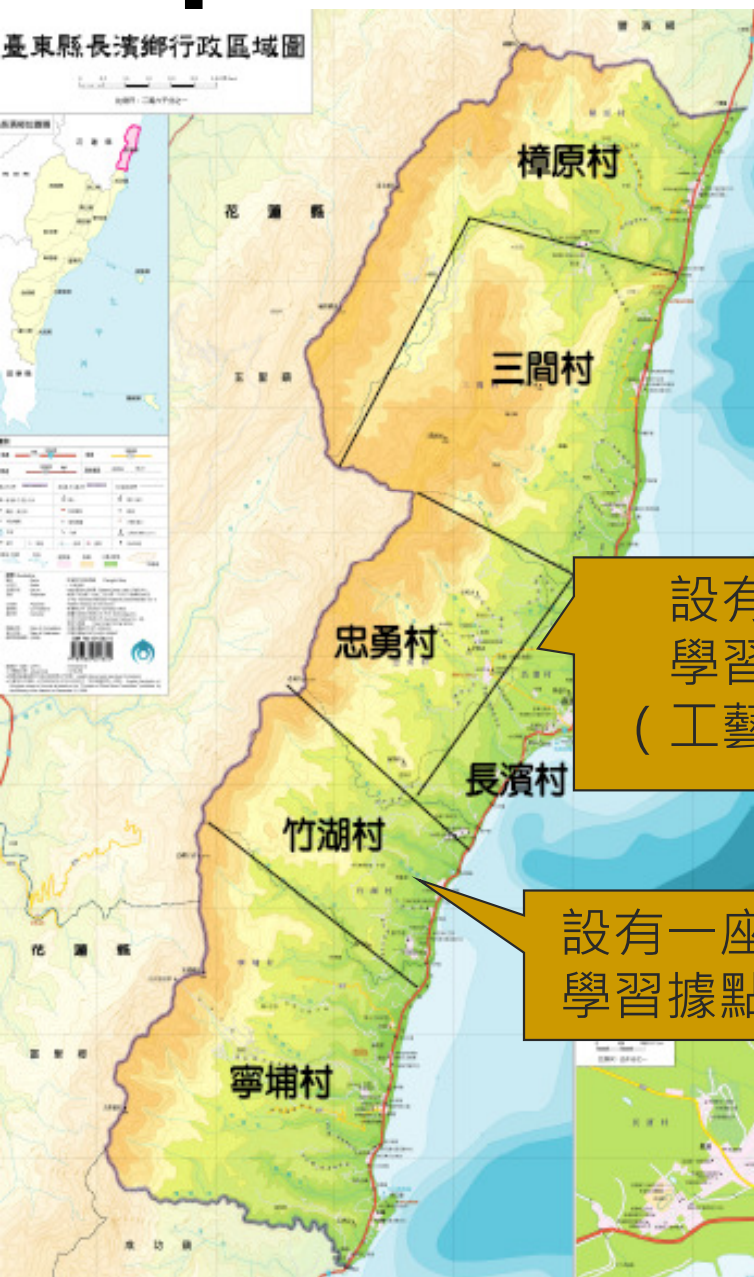
- To be respected and productive: to enlarge senior's power and provide a platform for them
- Access active aging information : to encourage exchange among centers



[Current Status]

- **Active aging Learning centers:** 202 (2008-2010)
- **Courses:** Basic course – 5,505 hr
Interest course – 10,078 hr
Contributive course – 2,201 hr
Transcendent course – 193hr
- **Volunteers:** 6,437 person
- **Participation:** 29,495 person (female, 74%; male, 26%)

Changbin Township, Taitung County



長濱鄉可略分為三個區：

北區：樟原村、三間村

中區：忠勇村、長濱村

南區：竹湖村、寧埔村

目前中心設置據點概況：

中區：長光部落(中心本部)設有兩座學習據點。

南區：南竹湖部落設有一座學習據點。

Learning environment



[Basic course]

- Learning to drive an electric car



[Learning new things : science, health, literacy, ...]



[Featured courses 1 : senior facilitators]



Featured courses 2 : Life story



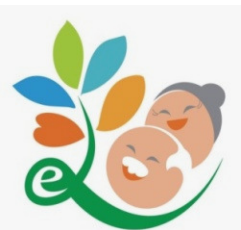
Featured courses 3 : Learning to change



烘焙班



社區地圖製作



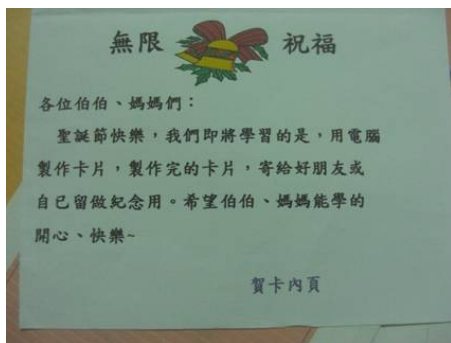
Featured courses 4 : Intergenerational learning



Featured courses 5 : Learning to have productivity



Featured courses 6 : Learning to have productivity



[Future policy directions]

- Training of volunteers, lectures (facilitators).
- Normative courses (Develop courses active/positive aging theory)
- Based on flagship center
- Keep working with seniors (Bottom-up approach)

THANK YOU !

